


# Young People's Health Resource Newsletter April 2021

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health ([www.yphsig.org.uk](http://www.yphsig.org.uk))

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**Hoping this finds you and your loved ones safe and well and coping  
In these very strange times.**

## YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to [www.yphsig.org.uk](http://www.yphsig.org.uk) and/or follow us on  @yphsig

## AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.youngpeopleshealth.org.uk](http://www.youngpeopleshealth.org.uk).

## Disclaimer

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content*

## Young People's Webwatch

 [https://www.youtube.com/watch?v=xMWtGozn5jU&ab\\_channel=HowtoADHD](https://www.youtube.com/watch?v=xMWtGozn5jU&ab_channel=HowtoADHD)

"What is ADHD" youtube channel

 [https://www.thelancet.com/pb-assets/lancet/lanchi/forms/Youth Advisory Panel at The Lancet Child & Adolescent Health.pdf](https://www.thelancet.com/pb-assets/lancet/lanchi/forms/Youth_Advisory_Panel_at_The_Lancet_Child_&_Adolescent_Health.pdf)

 [https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(21\)00062-6/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(21)00062-6/fulltext)

Young People aged 16-24 needed for the youth advisory panel for the Lancet Child and Adolescent Health Journal (April 2021)

## NICE consultations on areas that matter to young people

### NICE Consultations

 <https://www.nice.org.uk/guidance/indevelopment/gid-ng10119/consultation/html-content-2>

Babies, children and young people's experience of healthcare

Deadline for contributions 16 April 2021

## Professional Webwatch

### Transitions

 <https://education.gov.scot/improvement/learning-resources/transitions/>

This resource provides practitioners advice, guidance, signposting and practical resources to support children and young people through transitions in the context of COVID-19.

### Mental Health

 <https://mhfaengland.org/individuals/youth/>

 <https://mhfaengland.org/mhfa-centre/resources/>

**Mental Health First Aid England** is a social enterprise offering expert guidance and training to support mental health in the workplace and beyond. Produce downloadable resources to support Youth Mental Health First Aid for anyone who works with young people aged 8-18.

 <http://www.commonroom.uk.com/about-us>

The **Common Room** team draws on over 20 years of professional experience enabling children, young people and families to have their say so that they can help influence health policy, service provision and research. They are involved in coproduction projects and facilitating conversations which explore different aspects of mental health.

### Sleep

 <https://www.evelinalondon.nhs.uk/our-services/hospital/sleep-medicine-department/How-to-sleep-well-for-teenagers.aspx>


**Evelina London Children's Hospital Sleep Resources for Teenagers** - co-created sleep information for CYP and their families - launched recently as part of World Sleep Day -

### Perplexing Presentations

 <https://childprotection.rcpch.ac.uk/resources/perplexing-presentations-and-fii/>











**Perplexing Presentations (PP)/Fabricated or induced illness (FII) in Children** RCPCH Guidance (March 2021)

### Impact of COVID19 pandemic on Young People

 [https://www.ukyouth.org/wp-content/uploads/2021/02/UK-Youth-Fund-Report-Executive-Summary\\_1.pdf](https://www.ukyouth.org/wp-content/uploads/2021/02/UK-Youth-Fund-Report-Executive-Summary_1.pdf)

**The impact of COVID-19 on England's youth organisations** – a report from UK Youth (March 2021).

## Professional Bookshelf

-  Ballard LM, Jenkinson E, Byrne CD, Child JC, Inskip H, Lokulo-Sodipe O, Mackay DJG, Wakeling EL, Davies JH, Temple IK, Fenwick A. Experiences of adolescents living with Silver-Russell syndrome Arch Dis Child. 2021 Mar 19:archdischild-2020-321376. doi: 10.1136/archdischild-2020-321376. Online ahead of print.
-  Dewa LH, Crandell C, Choong E, Jaques J, Bottle A, Kilkenny C, Lawrence-Jones A, Di Simplicio M, Nicholls D, Aylin P. CCOPEY: A Mixed-Methods Coproduced Study on the Mental Health Status and Coping Strategies of Young People During COVID-19 UK Lockdown J Adolesc Health. 2021 Feb 12:S1054-139X(21)00020-3. doi: 10.1016/j.jadohealth.2021.01.009. Online ahead of print.
-  Hanghøj S, Pappot N, Hjerding M, Taarnhøj GA, Boisen KA, Pappot H. Experiences of Social Isolation During the COVID-19 Lockdown Among Adolescents and Young Adult Cancer Patients and Survivors J Adolesc Young Adult Oncol. 2021 Feb 18. doi: 10.1089/jayao.2020.0202. Online ahead of print.
-  Heyman I, Liang H, Hedderly T. COVID-19 related increase in childhood tics and tic-like attacks. Arch Dis Child. 2021 Mar 6:archdischild-2021-321748.
-  Hodes D, Ayadi O'Donnell N, Pall K, Leoni M, Lok W, Debelle G, Armitage AJ, Creighton SM, Lynn RM. Epidemiological surveillance study of female genital mutilation in the UK. Arch Dis Child. 2021 Apr;106(4):372-376.
-  Lagler FB, Hirschfeld S, Kindblom JM. Challenges in clinical trials for children and young people. Arch Dis Child. 2021 Apr;106(4):321-325. doi: 10.1136/archdischild-2019-318676. Epub 2020 Oct 19.
-  Lupton D. Young People's Use of Digital Health Technologies in the Global North: Narrative Review. J Med Internet Res 2021 Jan 11;23(1):e18286. doi: 10.2196/18286.
-  McColl J, Semalulu T, Beattie KA, Alam A, Thomas S, Herrington J, Gorter JW, Cellucci T, Garner S, Heale L, Matsos M, Batthish M. Transition Readiness in Adolescents With Juvenile Idiopathic Arthritis and Childhood-Onset Systemic Lupus Erythematosus. ACR Open Rheumatol. 2021 Mar 12. doi: 10.1002/acr2.11237. Online ahead of print.
-  Zaeh SE, Lu MA, Blake KV, Ruvalcaba E, Ayensu-Asiedu C, Wise RA, Holbrook JT, Eakin MN. "It is kind of like a responsibility thing:" Transitional challenges in asthma medication adherence among adolescents and young adults. Asthma. 2021 Mar 2:1-26. doi: 10.1080/02770903.2021.1897836. Online ahead of print. PMID: 33653199
-  Journal of Children's Services special issue on "Promoting the welfare, protection and care of children during the coronavirus (COVID-19) pandemic" will be free access for 3 months from today (11<sup>th</sup> January – 11<sup>th</sup> April 2021).

## Research

 <https://www.child-bright.ca/readyornot>

Website for the **READTorNOT Brain-Based Disabilities Project** aimed at developing and testing an e-health intervention to improve the transition of care for young people with brain-based disabilities

 [https://irp-](https://irp-cdn.multiscreensite.com/29f8e96e/files/uploaded/Ethics%20in%20YP%20participation%20and%20research%20Comm%20onRoom.pdf)

[cdn.multiscreensite.com/29f8e96e/files/uploaded/Ethics%20in%20YP%20participation%20and%20research%20Comm%20onRoom.pdf](https://irp-cdn.multiscreensite.com/29f8e96e/files/uploaded/Ethics%20in%20YP%20participation%20and%20research%20Comm%20onRoom.pdf)

**How to manage research and participation projects: The ethics according to young people** (January 2021)

## Call for submissions “Adolescent and Young Adult Health through a Developmental Lens” special issue in Healthcare journal

Special Issue in Healthcare Journal (Impact factor 1.916) "Adolescent and Young Adult Health through a Developmental Lens" (Guest editors Janet E McDonagh and Albert Farre) Submission deadline November 2021.

[https://www.mdpi.com/journal/healthcare/special\\_issues/Adolescent\\_Young\\_Adult\\_Health\\_Developmental\\_Lens](https://www.mdpi.com/journal/healthcare/special_issues/Adolescent_Young_Adult_Health_Developmental_Lens)

## Online training Opportunities

<https://www.futurelearn.com/courses/psychological-first-aid-for-children-and-young-people>

**Psychological First Aid: Supporting Children and young People** . Free online training during emergencies and crisis situations

## Forthcoming Dates for your Diary!

2021

<b>April</b>		
<b>*NEW 7*</b>	<p><b>IAAH-YPN</b>  <b>World Health Day Webinar</b>                      The Impact of Covid-19 on Mentoring,                      Education &amp; Training in Global Adolescent                      Health                      Pierre-Andre Michaud</p>	<a href="https://zoom.us/webinar/register/WN_kk-dlpq0Shuckk13Gp4j-A">https://zoom.us/webinar/register/WN_kk-dlpq0Shuckk13Gp4j-A</a>
<b>May</b>		
<b>*NEW 5*</b>	<p><b>Royal Society of Medicine and London                      School of Paediatrics Adolescent                      Medicine Day</b></p>	<a href="https://www.rsm.ac.uk/events/paediatrics-and-child-health/2020-21/pdp62/">https://www.rsm.ac.uk/events/paediatrics-and-child-health/2020-21/pdp62/</a>
<b>13-14</b>	<p><b>7<sup>th</sup> Annual conference on Adolescent                      Health</b>                      Translating research into practice                      Ann Arbor, Michigan, USA</p>	<a href="https://www.umhs-adolescenthealth.org/conference/">https://www.umhs-adolescenthealth.org/conference/</a>
<b>20</b>	<p><b>British Society of Rheumatology</b>                      Developmentally appropriate                      rheumatology care for young people:                      transitional care and beyond</p>	<a href="https://www.rheumatology.org.uk/events-learning/courses/developmentally-appropriate-care-for-young-people">https://www.rheumatology.org.uk/events-learning/courses/developmentally-appropriate-care-for-young-people</a>

<b>June</b>		
<b>10</b>	<b>5<sup>th</sup> Annual National Transition Conference</b>	Information to follow Contact: Jacqui Rogers, Trust Transition Service Lead Nurse Alder Hey Children's NHS Foundation Trust
<b>15-17</b>	<b>RCPCH Conference and exhibition YPHSIG session date 16 June</b>	<a href="https://www.rcpch.ac.uk/news-events/rcpch-conference">https://www.rcpch.ac.uk/news-events/rcpch-conference</a>
<b>July</b>		
<b>NEW *5-9*</b>	<b>EuTEACH 2021 online summer school</b>	<a href="https://www.unil.ch/euteach/home/menuinst/summer-school/apply-for-summer-school.html">https://www.unil.ch/euteach/home/menuinst/summer-school/apply-for-summer-school.html</a>  Spaces limited to approx 25 <b>Registration deadline 31 May 2021</b>
<b>*NEW* 14</b>	Enhancing Adolescent Care and Transition into Adult Services Online <b>9-530</b>	<a href="https://www.sbk-healthcare.co.uk/home/title/2543/nhsconference/enhancing-adolescent-care-and-transition-into-adult-services/">https://www.sbk-healthcare.co.uk/home/title/2543/nhsconference/enhancing-adolescent-care-and-transition-into-adult-services/</a>
<b>August</b>		
<b>23-26</b>	<b>International Pediatric Association conference hosted by RCPCH</b> Ensuring a brighter future for all children Glasgow	Will include YPHSIG symposium
<b>Nov</b>		
<b>19-21</b>	<b>IAAH</b> <i>12<sup>th</sup> World Congress Adolescent Health Meeting the challenge of global change</i> <b>Lima, Peru</b> <b>(re-organised from 2020)</b>	<a href="http://www.iaah2020congress.org/en">http://www.iaah2020congress.org/en</a> hybrid online/on site model abstract deadline 1 May 2021

Also check out: <http://www.youngpeopleshealth.org.uk/events/>

***Do you know of any other useful resources or opportunities for professional development in young people's health?***

***If you do, please let us know by email to: [janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk)***