Welcome to the **Clinical Holding** Guide

This project was originally developed by **Birmingham City University** and **Birmingham Women’s and Children’s Hospital** (in 2011) to demonstrate holding techniques for infants, children and young people. However, the latest adaptation means that the content is now applicable to individuals across the age span.

Please use this link to visit the webpage

[Clinical Holding Guide (osimebcu.co.uk)](https://chg.osimebcu.co.uk/)